

## Forum Flash – October 10<sup>th</sup>, 2008

Your News from Western Sydney Community Forum

- WSCF AGM
- Western Sydney Food Forum
- Trains, Buses and the NW Metro
- Training Needs Survey - Extended
- Understanding Health & Wellbeing
- Volunteers Training – POSTPONED until further notice.
- Which Staff Member is...

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### WSCF AGM

**Venue:** Western Sydney Community Forum, Level 4 146 Marsden St, Parramatta

**Date:** Wednesday November 26<sup>th</sup> 2008.

**Time:** 10am-12 noon.

**RSVP:** [wscf@wscf.org.au](mailto:wscf@wscf.org.au)

Please join us for a celebration of our achievements and renew some connections with colleagues. Professor [Peter Shergold](#) of the UNSW Centre for Social Impact (where Cheryl Kernot has just joined the staff) will be addressing us and speaking about how the Social Impact centre will champion the cause of local small organisations.

If you are not a current financial member, why not join up today? For a low fee of \$38.50 for community organisations you get the lobbying power of WSCF, vote and stand for nomination at the AGM and access to discounted training. [Click here for more information.](#)

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### Western Sydney Food Forum

The Western Sydney Food Forum is alive and well and will hold its next meeting on Tuesday November 5<sup>th</sup> 2008.

This forum brings together HACC-funded food services in Western Sydney (Meals On Wheels coordinators and managers) in order to support one another, discuss relevant issues and identify strategies to enhance service delivery.

**Date:** Tuesday, 5 November 2008

**Time:** 2:00-4:30 p.m.

**Venue:** Blacktown Meals On Wheels, Gribble Place, Blacktown

**Agenda:** [Download Here](#)

The forum is facilitated/convened by Western Sydney Community Forum and supported by DADHC- HACC unit as well as NSW Meals On Wheels.

Please contact Rocellita at [rocellital@wscf.org.au](mailto:rocellital@wscf.org.au) or ring 9687 6804.

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## Trains, Buses and North West Metro

### Bus Fares

Western Sydney Community Forum responded to the Independent Pricing & Regulatory Tribunal's ([IPART](#)) bus fare enquiry for 2009. Our top 3 recommendations were:

1. Recommend that integrated ticketing is resurrected and fast tracked into operation.
2. That train and bus services tax payer subsidies are aligned. That incentivised funding is available to bus operators to innovate and improve bus services in Western Sydney.
3. There needs to be equity in ticketing products and service levels between public transport passengers e.g. bus passengers have the inability to purchase return fares and there is a distinct lack of toilet facilities for bus users.

To see the submission in full visit the transport development section on our [website](#).

In November, IPART will hold a public meeting in November and WSCF is encouraging interested community organisations and members of the public to attend, when more details are announced.

### Review of City Rail Fares and new fares

The Independent Pricing and Regulatory Tribunal are seeking further comment on the proposals to increase fares. The outcome of the public hearing into the rail system has culminated in a review of Cityrail fares and a [draft determination for 2009-2012](#).

WSCF will respond to the recommendations, so that communities in Western Sydney are not further disadvantaged. For a [quick summary](#) see the Sydney Morning Herald's coverage on the increases. Submissions close are due on the 5<sup>th</sup> November

## North West Transport Needs Inquiry

The NSW Government is currently seeking community input into the transport needs of Sydney's North West Sector. WSCF is responding to this enquiry and will be gathering input from community organisations in the North West, with a particular focus on young people and parents with young families.

We encourage all people who want their voice heard for better transport options in the North West Sector to respond to our "online listening tour" located at [www.wsptu.blogspot.com](http://www.wsptu.blogspot.com). Submissions close Friday 17<sup>th</sup> October.

If you are interested in participating and supporting our submissions, or writing your own, you can contact Paul Falzon [paulf@wscf.org.au](mailto:paulf@wscf.org.au) or Hugh Worrall [hughw@wscf.org.au](mailto:hughw@wscf.org.au) by 17 October 2008.

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## TRAINING NEEDS SURVEY EXTENDED

Going, going, going gone... The training survey has almost been finalized for this year. To make sure your needs are met [click here](#).

We need your input in this survey and it will enable us to provide training to assist you in your work in 2009. Please take the time to complete the survey as it only takes a few minutes.

Final Closing date is **Friday 12th November 2008**

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## UNDERSTANDING MENTAL HEALTH AND WELLBEING – Training Session

**Facilitator:** Sarah Stewart

**Date:** 27 October 2008, 9:00am – 4:00 pm

**Venue:** Western Sydney Community Forum Level 4, 146 Marsden St, Parramatta

**Your contact:** Miguel Ferrero.

**Email:** [miguelf@wscf.org.au](mailto:miguelf@wscf.org.au) Telephone: 9687-9742

The NSW Institute of Psychiatry & Western Sydney Community Forum invites you to attend this free introductory training session. This module has been developed by the Australian Network for promotion, prevention and early intervention for Mental Health (Auseinet) to introduce participants to the principles and concepts underpinning mental health promotion, prevention of mental ill-health and early intervention and their relevance and applicability to a range of work settings.

The workshop will cover:

- Concepts of positive mental health
- Influences on mental health
- Benefits of promotion and prevention
- Status of the evidence
- Overview of mental health promotion, prevention of ill-health and early intervention
- Applications to clinical and community settings
- Examples of evidence-based interventions

To register your interest in attending the workshop, please contact:

**Key contact:** Miguel Ferrero

**Email:** [miguelf@wscf.org.au](mailto:miguelf@wscf.org.au)

**Telephone:** 9687-9742

Closing date for registration **13 October, 2008**

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## **EFFECTIVE ORIENTATION, TRAINING & MANAGEMENT OF VOLUNTEERS - POSTPONED**

Both workshops are postponed till February 2009 due to low registration numbers.

**Key contact:** Miguel Ferrero

**Telephone:** 9687-9742

**Email:** [miguelf@wscf.org.au](mailto:miguelf@wscf.org.au)

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## **WHICH STAFF MEMBER IS?**

Currently in Poland?

Visiting in East Timor?

Recently has moved house?

Cycling to work on National Ride to Work Day?

Is advocating for fare evaders?

Is getting biological / bomb threat training?

Answers next issue.

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[For a full WSCF staff list with contacts, click here.](#)

**Western Sydney Community Forum**

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