

HACC FORUMS FLASH



Home and Community Care News for Cumberland Prospect- Nepean, NSW
February 2010, Western Sydney Community Forum (WSCF)

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Heads up on the NSW HACC Triennial Plan 2011-2014

ADHC will be holding regional consultations soon (April/May-August 2010) with HACC service providers to gather data for the next HACC Triennial Plan. These data will help identify recurrent issues as well as ongoing and new gaps. The data also usually feed into planning for allocation of funds.

In our region, the Metro North Planning team has held the consultations within local HACC Forums, so do keep a date free within the April-August 2010 period (convenors). The Metro North “Service Gap Form” could also be used and submitted at any time. The form is available at your local HACC Forum as well as in WSCF’s HACC webpage (click below for a pdf copy):

http://www.wscf.org.au/uploads/2010uploads/HACC/Met%20North_Service%20Planning%20Template.pdf

Moreover, ADHC’s central office has indicated that a new focus in this round of consultations will be on identifying ways in which other mainstream services could complement or enhance HACC services. In light of this, WSCF is initiating a discussion on this topic at the next regional HACC/CC Managers’ Forum (please see below).

Timely topics at upcoming regional Forums

The upcoming regional forums in March are packed full of timely topics. At the quarterly WS Regional HACC/CC Forum, we will be hearing more about the NSW Companion Card, updates on MDS (Minimum Data Set) issues and the regional Interagency HACC Fees Protocol. Mark your calendar Wednesday 3 March, 10:00 am to 12 md at the Blacktown City Council Nirimba Room. To view the flyer, click on-

<http://www.wscf.org.au/uploads/2010uploads/HACC/HACC%20Regional%20Forum%20agenda-3%20March%202010.pdf>

Likewise, thanks to the early birds who have already registered for the WS HACC/CC Managers’ Forum on Wed 17 March 2010, 10:00 am to 12:30 pm at the WSCF office. We look forward to a productive discussion on how HACC could improve service delivery through better linkages with other mainstream service providers. The results of this discussion will feed into the regional HACC Triennial Plan 2011-2014. For more details, click on -

<http://www.wscf.org.au/uploads/2010uploads/HACC/HACC%20Managers%20Forum%20flyer-March2010.pdf>



“Better Practice”: Call for Nominations

Are you delivering a HACC service or program that:



- ✓ focuses on each client’s and carer’s strengths and abilities?
- ✓ respects and embraces a person’s autonomy and independence?
- ✓ considers each client’s goals and tries to achieve them with short term support?
- ✓ promotes health and restores client functioning through a ‘use it or lose it’ approach and by doing things with each client rather than for the client?
- ✓ supports each client’s and carer’s connections to the community?

If ‘yes’, the “Better Practice” Project would like to hear from you! This ADHC project is for all HACC services in NSW. They are looking for examples of *better practice* in HACC service delivery from every ADHC region, from large and small providers, from metro, regional and rural areas and from providers who are supporting Aboriginal clients and clients from culturally and linguistically diverse backgrounds.

The *Call for Nominations* describes the criteria in more detail. A simple one-page nomination form is available if you’d like to nominate your own or another service. Please note that Cumberland Prospect-Nepean falls under ADHC *Metro North* region. Click below for the pdf form (also available in Word format, but you’d need to download directly from WSCF HACC webpage under “Useful documents and links”) - <http://www.wscf.org.au/uploads/2010uploads/HACC/Better%20Practice%20Call%20for%20Nominations.pdf>

Click below for Better Practice Info Sheet 2- <http://www.wscf.org.au/uploads/2010uploads/HACC/Better%20Practice%20Info%20Sheet%202.pdf>

New HACC Handbook (Dec 2009)

ADHC has released a new HACC handbook entitled “Help for you to stay in your own home”. We have approximately 35 copies to give away as samples at the Regional Forum on 3 March. Meanwhile, the 2009-updated SWAHS HACC “Consumer and Carer Handbook” (available in many languages) is still available at WSCF HACC webpage- <http://www.wscf.org.au/uploads/2010uploads/HACC/HACC%20Handbook.pdf>

Challenges in providing food services to persons with dementia

Western Sydney Food Forum would once again like to thank Sue Tolhurst (Western Sydney Dementia Advisory Service) for her presentation at the last forum meeting on the challenges that food services face when providing meals to persons with dementia. You may find a copy of Sue’s presentation at WSCF’s HACC webpage- <http://www.wscf.org.au/uploads/2010uploads/HACC/dementia%20and%20food%20services.pdf>

Food Safety for HACC services

The NSW Meals On Wheels Association is holding a one-day food safety conference with practical assistance for HACC centre-based daycare services, HACC food services and HACC social support services (inc. Neighbour Aid). Places are limited, so register early. Click below for the information flyer -

<http://www.wscf.org.au/uploads/2010uploads/HACC/Food%20Safety-Penrith%20Flyer.pdf>

And below for the pdf registration form (also available in Word format, but download directly from WSCF HACC webpage under "Upcoming events") -

http://www.wscf.org.au/uploads/2010uploads/HACC/Food%20Safety%20for%20HACC%20Enrolment%20_2_.pdf

NCOSS Ageing & Disability Updates

Christine Regan (NCOSS Senior Policy Officer) puts together a most informative update on ageing and disability issues/events at state and national levels. For her latest update, click on-

<http://www.wscf.org.au/uploads/2010uploads/HACC/NCOSS%20Ageing%20disability%20updates.pdf>

Local HACC Forums plan for 2010

Kudos to local HACC forums who have just concluded their annual planning for 2010. The sessions were interactive, and the plans most strategic and timely. Congratulations to all HACC forum convenors/ Executive Committees/ working groups who work hard in strengthening these forums, which are our primary venues to support one another, share information, improve coordination and advocate for needs. Well done!

In a nutshell: HACC March 2010 meetings in CP-Nepean

For a complete list of meetings in 2010, you may download the Calendar from WSCF's HACC webpage under "Western Sydney HACC Forums"-

http://www.wscf.org.au/index.php/home/hacc_home_and_community_care

If you're attending for the first time, please check with your local forum convenor for any change.

Western Sydney Food Forum (special meeting for HACC food services only)

Tues 2 March, 9:00 am to 1 pm, Nepean Food Services

Western Sydney Regional HACC/CC Forum

Wed 3 March, 10:00 am to 12:00 md, Blacktown City Council Nirimba Room

Western Sydney HACC Managers' Forum

Wed 17 March, 10:00 am to 12:30 pm, WSCF (Training Room) Level 4/146 Marsden St Parramatta

Penrith Community Care Forum

Thurs 4 March, 2:00 to 4:00 pm, Penrith City Council

Hawkesbury Community Care Forum

Wed 10 March, 2:00 to 4:00 pm

Blue Mountains Community Care Forum

Thurs 25 March, 10:00 am to 12:00 md

Santa Maria Centre Lawson, Kitchener St Lawson NSW

Western Sydney HACC Forums Flash is published once a month by the HACC Development project of Western Sydney Community Forum (WSCF). Also available at our HACC webpage:
http://www.wscf.org.au/index.php/home/hacc_home_and_community_care

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